



河北华侨学校

HEBEI OVERSEAS CHINESE SCHOOL



Table Tennis Training at the Chinese National Table Tennis Training Center—2007

Introduction

The Chinese National Table Tennis Training Center in Hebei is where the Chinese National Team trains before important competitions. Since 1992, the team has come to this facility to train behind closed doors for premier international competitions, like the Olympic Games or the World Championships.

The results and the success of the team is unprecedented; 38 World championships, 15 Olympic Gold medals and many more silver and bronze medals. The domination of China in modern table tennis is legendary.



The center has been called the "Cradle of World Champions" as well as "The Perfect Home for the National Team". The Center has conducted training for table tennis teams for more than 30 countries all over the world. It has been the site of major table tennis competitions and three teenage Asian table tennis training camps. The Center has furthered communication and cooperation for table tennis players and their countries, world-wide.

The Hebei Overseas Chinese School (HEBOCS) and the Chinese National Table Tennis Training Center have created a unique program for you to experience table tennis training in the same way the Chinese National Team hones their skills for international competition. Players of all ages, both young and old can enjoy world class, professional training at a very reasonable cost.



We guarantee you an unforgettable training experience! Advance your table tennis abilities in an environment that cannot be matched anywhere else. Since 2005, numerous players have come to the Center and left with renewed confidence in themselves and their game.

It's an opportunity not to be missed!

The Coaches are experienced table tennis professionals who have trained players for championship level international play. Interpreters in all major languages are available throughout the training center.



Based on your personal skills, the training will be customized, and focused on boosting your level of skills, raising your level of consistency, accuracy, power and game strategy.

The students will be divided into groups according to skill levels. Match play will be arranged with other players at similar levels who have come to train at the Center.



The Center is an outstanding facility, containing many large training halls. The halls are equipped with the finest table tennis tables of all brands, the same tables used in table tennis competitions held by the International Table Tennis Federation (ITTF).



In the cafeteria, first class chefs prepare delicious, nutritious meals to support the needs of athletes in training. In addition, the Center has workout facilities, a sauna, a billiards room as well as high-speed Internet.



***Whether you are training for world class competition,
or just want to become a better player,
the Center can accommodate your training needs!***

Program details

Scheduling

You can enroll at any time, based on your convenience and availability of the training center. Request your preferred dates and length of training.

Short term: 15 days

Medium term: 30, 45 or 60 days

Long term: more than 6 months

2007 Summer Camp dates

Dates for the 2007 summer camp have been established! 10% off on these classes, *reserve your spot today!*

Group I	June 20 to July 4
Group II	July 4 to July 18
Group III	July 18 to August 1
Group IV	August 1 to August 15



Eligibility

Trainees may be juniors from age 8 to adults of any age. Trainees must be in good health. Seniors, age 50 and over may require medical approval for training. Please ask for specific details.

Facility Location

Chinese National Table Tennis Training Center, Hebei, China. The province of Hebei is 174 miles (280 km) southwest of Beijing.

Program Highlights

1. Specialized training for table tennis by professional coaches for all levels of table tennis skills. (Participants will be assigned into groups based their skill level).
2. Intensive instruction with fast paced multi-ball drills.
3. Open play periods
4. Supervised team match play
5. Photo opportunity with all the World Championship Cups at the Table Tennis Museum.
6. Participants will receive a table tennis racket, sports clothing and a training certificate.
7. Lodging and meals are included in the cost of the training!
8. Free afternoons on Saturday and Sunday for local tours and cultural activities.

Daily Training Schedule

7:30 am	Breakfast
8:30 - 8:50 am	Warm Up
8:50-11:30 am	Training I
12:00 pm	Lunch
12:30-13:30 pm	Break
14:20 -17:30 pm	Training II
18:00 pm	Dinner
20:00-21:00 pm	Free Practice
22:00 pm	Lights out!



Pick-up at Airport & Welcome

Participants arriving in China will receive a warm reception at the following airports:

- Beijing Capital Airport, Beijing, China
(3.5hrs drive to training center by car)
- Shijiazhuang Airport, Hebei, China
(30 minute to training center by car)

Lodging

Stay in a three-star quality hotel room at the Chinese National Table Tennis Training Center. Many rooms have been occupied by World Champions and other famous table tennis players from all over the world. Males and females are housed separately. Normal room arrangement is double occupancy; you may request a single occupancy room, at a higher room rate. Laundry service is provided by the center, telephone in every room.

Other three and four star hotels are available for lodging, and are located walking distance from the training center.

Security and Insurance

The Hebei Overseas Chinese School (HEBOCS) will be in charge of transporting and managing the activities of all participants. Professional coaches and doctor are available at the training site at all the times. \$100,000 RMB of accident insurance will be purchased for each student in China during the training session.

Fee Schedule

15 days	\$1,490 USD	\$200.00 deposit with application
30 Days	\$2,690 USD	\$500.00 deposit with application
45 Days	\$3,990 USD	\$500.00 deposit with application
60 Days	\$5,190 USD	\$500.00 deposit with application
Over 60 days	Call for pricing!	

Fee includes training, lodging, meals, pickup at airport upon arrival and drop-off at departure, and a non-refundable \$50 registration fee. A deposit must be made at registration, or paid in full at time of registration. Full registration fee must be received 15 days before day of departure. If your full payment is received two months before the first training day, you will receive a \$50 discount.

Admission documents and a letter of invitation will be sent five (5) days before the day of departure. Fees do not cover all expenses of the trip. Extra expenses can include passport or visa fees, China airport construction fees, international air transportation to and from China, tour expenses, international phone calls, taxis, tips and other personal expenditures.



Group Rates

Group pricing is available. If you are part of a group, please indicate your group name on your application and check.

Parents or guardians

Parents, guardians and companions are welcome! There are plenty of things to do while table tennis training is conducted!

Explore Chinese culture, by taking Tai Chi or Chinese cooking classes. See ancient China through visits to famous historical sites like the Zhaozhou bridge, and the Cypress Buddhist temple. Visit Cangyan Mountains, famous as the site where Crouching Tiger, Hidden Dragon was filmed.

Beijing, the capital of China, is a short trip away! Visit famous sites in Beijing like Tianan'men Square, the world's largest city center, the Forbidden City, the Imperial palace of the Ming and Qing dynasties, and the Temple of Heaven. Experience shopping on Wangfujing Street, China's first street. Of course, you can't miss one of the Seven Wonders of the World, the Great Wall of China!



The cost of lodging and meals for 15 days is \$590.00 (USD), and includes local tours around Hebei. Tour packages of Beijing and other attractions start at \$200 (USD).

How to Enroll

Step 1 Fill out the application form, print, and sign all the required fields. A separate application form must be filled out for each person attending the program, including parents, guardians or traveling companion.

Step 2 Fee includes a \$50.00 non-refundable registration fee. A deposit or full payment by check or credit card must be included with application. All major credit cards are accepted, including Master Card, Visa, American Express, and Discover. Applications will not be accepted without deposit. Checks must clear before application is accepted. Bounced checks will incur a \$25.00 fee. Please make checks payable to 'The Table Tennis Store'.

Step 3 Mail the application, and payment to the address below, along with a copy of your passport with a photo and passport number for insurance application.

Address: Table Tennis Training in China
c/o The Table Tennis Store
1433 Spyglass Court
Itasca, IL 60143

For more information, contact Phil Moy, by phone or by email

Tel: 630-773-8887
Fax: 630-285-0236
Email: chinatt@advtt.com
Web site: www.advancedtabletennis.com



Cancellation Policy

Full refund (less \$50 non-refundable registration fee) for cancellations made 30 days before the date of departure. 50% refund if student needs to cancel the enrollment before 10 days of leaving their country due to personal emergency. No refund for cancellations made within 24 hours of the day of departure.

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Application Form

Table Tennis Training at the Chinese National Table Tennis Training Center

Date _____

Name _____

Address _____

City _____ State _____ ZipCode _____

Telephone _____ Fax _____ Mobile phone _____

E-mail _____

Photo
(Optional)

Sex: Male / Female Date of birth ____/____/____ Condition of health _____

Nationality _____ Passport No. _____

Height _____ Weight _____ Blood type _____ T-Shirt size _____

Education _____ Chinese Language level _____

Occupation _____

How long have you studied Table Tennis? _____ Your Table Tennis level _____

Choice Of Term and Attending Date (please circle)

15 Days / 30 Days / 45 Days / 60 Days Long term _____ Training Date(s) _____

Comments or special request _____

Registration type: Individual / Group Group name _____

Payment information Check Number _____ Amount paid _____



Card Number _____ Expiration date _____

THE APPLICANT agrees to the following :

1. I have read the contents of the Table Tennis Training in the Chinese National Training Center brochure, and agree to participate in the program.
2. I agree to obey the rules and regulations of the Center and the Training program, and to cooperate with other participants in the program.
3. I am responsible for my actions and behavior, and accept full responsibility for any losses, costs or damages caused by my behavior. A signed Release and Waiver of Liability will be included with this application.

THE APPLICANT

Signature _____ Signature of Guardian _____

Release and Waiver of Liability

IN CONSIDERATION of being given the opportunity to participate in the Table Tennis Training program at the Chinese National Table Tennis Training Center, I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of the Table Tennis Training Program, and that I am qualified, in good health and physical condition to participate in such Activity.
2. FULLY UNDERSTAND that: (a.); TABLE TENNIS TRAINING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis and death ("Risks"); (b.) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, or the negligence of the Releasees named below; (c.); there may be other risks and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.
3. HEREBY RELEASE, discharge, and covenant not to sue the Hebei Overseas Chinese School, The Chinese National Table Tennis Training Center, The Table Tennis Store, their administrators, directors, agents, officers, volunteers and employees, other participating organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises, on which the Activity takes place, (each considered one of the Releasees herein) from all liability, claims, demands, losses or damages on my account caused or allege to be caused in whole or in part by the negligence of the Releasees or otherwise; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees, from any litigation's expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim.
- 4.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

Printed Name of Participant: _____ Date: _____

Address: _____

Signature (only if age 18 or over)

Phone: _____

PARENTAL CONSENT

Printed Name of Parent/Guardian: _____ Date: _____

Address: _____

Parent/Guardian Signature (only if participant is under the age of 18):

Phone: _____